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NORTH PEN WOMEN TO EXPLORE LOVE, SEX & INTIMACY *Dialogue facilitated by noted author and therapist Dr. Marty Klein*

JANUARY 3, 2008 (Foster City, CA). The North Peninsula Women's Alliance of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties is hosting an exciting presentation with Dr. Marty Klein on Monday, January 28, 7:30 p.m. at the Ronald C. Wornick Jewish Day School (800 Foster City Boulevard, Foster City). The dynamic sex therapist and marriage counselor will discuss Love, Sex & Intimacy in Jewish Relationships.

The talk will explore Jewish values pertaining to sex, ways to create time for sex in busy lives, keeping sex interesting and fresh, how to communicate with a non-communicative partner, and the dangers of following the sex advice of media gurus such as Dr. Phil.

Attendees can pre-register for the discussion at www.sfjcf.org/calendar/jcf with a \$10 registration fee.

An author of 5 books, Dr. Klein has given over 800 talks on sexuality throughout America and in a dozen countries. Rabbis at synagogues such as L.A.'s Wilshire Boulevard Temple praised his "expertise, sense of humor, and candor," Houston's Congregation Beth Yeshurun thanked him for his "skill and wisdom."

Sex has always been central to Jewish unions. From the Torah through contemporary writings, both physical and emotional satisfaction is important for both partners. But while modern life has generated great knowledge about sexuality, it has also created new logistical and psychological obstacles to sexual desire and pleasure. Jewish values can help women overcome many of these challenges.

A 27-year licensed Marriage & Family Counselor and Sex Therapist, Dr. Klein is known for his thought-provoking, helpful ideas, presented in a practical manner with great humor. Attendees will explore how to invite Judaism into the bedroom, using progressive Jewish values they're already familiar with. The discussion will focus on making sex enjoyable "regardless of how much someone weighs, and without having to wear sexy clothing," says Dr. Klein.

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“Jewish women today are part of a long and strong tradition of healthy sexuality as a cornerstone of successful relationships. Virtually all Jewish women can find ways to express and celebrate their sexuality as part of their Jewish identity.” says Dr. Klein. This enjoyable talk, full of surprises, will describe how.

Dr. Klein pursues his goal of a sexually enlightened world through therapy, lectures, writing, lobbying, and media work. In his last presentation with the Federation’s Women’s Alliance in 2002, Dr. Klein’s session was standing-room only. He has written over 100 articles for publications such as *Parents*, *New Woman*, and *Playboy*, and *The Journal of Sex Research*, *The California Therapist*, and *San Francisco Medicine*. He has received awards from many professional associations, and has trained thousands of the Bay Area’s gynecologists, urologists, psychologists, and social workers.

The Jewish Community Federation is the central organization for fundraising, planning, outreach and leadership development for Jewish communities in San Francisco, the Peninsula, and Marin and Sonoma counties. In 2007, the Federation’s Annual Campaign has allocated more than \$26 million to over 100 agencies providing social services, educational and cultural programs in the Bay Area, in the U.S., Israel and elsewhere in the world. The Federation’s Endowment Fund, with assets exceeding \$2.9 billion, provided nearly \$300 million for a variety of grants, seed projects and emergency needs over the most recent one-year period. For more information, call 650.349.1523 (North Peninsula Region office) or visit www.sfjcf.org.

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